



Finanțat de  
Uniunea Europeană

## LESSON PLAN

SCHOOL: Liceul Tehnologic Energetic *Elie Radu*, Municipiul Ploiești

CLASS : Teachers who took part in Erasmus+ *Teachers for Future* Project and other teachers in *Elie Radu* High School

CLASS DURATION: 45 minutes

TEACHER: **STAN ROXANA IULIANA**

UNIT: *Leadership/Teamwork*

LESSON: Developing trust and cooperation inside a team.

TYPE OF LESSON: Speaking, listening, interaction.

MATERIALS/RESOURCES: Handouts, board.

- OBJECTIVES:
1. To create interest in the topic of leadership and teamwork.
  2. To watch and listen to the material which is being presented in order to extract relevant information.
  3. To speak in order to give instructions.
  4. To interact in order to use specific vocabulary, show collaborative attitude and solve tasks.

<b>Stages of lesson</b>	<b>Timing</b>	<b>Interaction</b>	<b>Teacher does</b>	<b>Colleagues do</b>	<b>Observations</b>
<b>Warm up</b>	4 min	Teacher – Colleagues  Colleagues - Teacher	*The teacher announces the subject of the lesson, that is <i>Developing trust and cooperation inside a team.</i> * She asks her colleagues to brainstorm a few aspects that are necessary for good teamwork activity in general.	*They express their ideas and may come up with concepts as: trust, empathy, recognition etc.	* The colleagues are expected to be acquainted with the subject. If not, the teacher will be ready to help.
<b>ACTIVITY 1</b>  <b>Theoretical presentation – Tony Robin’s Human Needs Theory</b>	8 min	T-Cs	*The teacher presents Tony Robbin’s theory regarding the 6 human needs: - 4 survival needs – safety, variety, self and social importance, love/connection. - 2 prosperity needs: contribution and growth. * Consequently, she connects these needs with the values which are necessary inside an efficient team: a functional team is based first of all on self-trust which is prospected on peer trust; trusting yourself	*The colleagues pay attention to the theoretical presentation and make any necessary comments.	

			leads to trusting the members of the team, and this leads to successfully solving challenges, tasks and managing conflicts.		
<b>ACTIVITY 2</b> <i>Guide me – Lets’ draw!</i>	15 min	Groupwork	<ul style="list-style-type: none"> <li>*The teacher divides the class in groups of three.</li> <li>*The teacher provides the groups with handouts containing objects/animals made up of geometrical figures.</li> <li>*The members of the group sit back to back; only one of them can see the drawing; the other two must draw based on the instructions received from the person who can see the drawing; the two people who draw collaborate based on the instructions received and do their best to achieve their task.</li> </ul>	<ul style="list-style-type: none"> <li>*The person describing the original drawing does his/her best to provide accurate instructions so that the other two come up with a drawing as close to the original one as possible.</li> <li>*After they have finished, they present their result to the teacher and the rest of the class, who decide if the teamwork has been efficient or not.</li> </ul>	*The purpose is to develop trust and cooperation within a team.
<b>ACTIVITY 3</b> <i>Guide me – give directions</i>	15 min	Pairwork	<ul style="list-style-type: none"> <li>*The teacher divides the class in pairs.</li> <li>* One of the members of each pair is blindfolded; the</li> </ul>	* The pairs work on their task. When they have reached the destination, the	*The purpose is to achieve control over uncertainties

-			other person provides directions such as the person who cannot see reaches a certain destination safely.	person who was blindfolded is asked whether he/she felt safe or not and if they had any doubt in trusting their colleague's indications.	and fears in a given situation, put their trust in someone else's abilities to manage an issue and accept guidance.
<b>FEEDBACK</b>	3 min		The teacher who has coordinated the activities asks her colleagues whether they consider such techniques efficient for developing trust and cooperation within a team. She also wants to know if they consider that such apparently simple tasks can be an indicator of a team's unity and efficiency.	The participants give their opinions and make any necessary comments.	

Finanțat de Uniunea Europeană. Punctele de vedere și opiniile exprimate aparțin, însă, exclusiv autorului (autorilor) și nu reflectă neapărat punctele de vedere și opiniile Uniunii Europene sau ale Agenției Executive Europene pentru Educație și Cultură (EACEA). Nici Uniunea Europeană și nici EACEA nu pot fi considerate răspunzătoare pentru acestea.